

HB / STARTER EDITION

Homemaking *Binder*

A simpler place for the details of home.

Eight printable pages. Five useful tabs.

Weekly plans, meals, cleaning, contacts,
home maintenance, and recurring bills.

THIS BINDER BELONGS TO

homemakingbinder.com

Build a binder you will use

Start with a few useful pages. Add more only when you need them.

GATHER

- ☐ A 1-inch binder
- ☐ Five tab dividers
- ☐ Page protectors (optional)
- ☐ A pen or pencil

LABEL YOUR TABS

- This week - weekly rhythm
- Home care - cleaning and maintenance
- Meals - meal plan and grocery list
- Family - important contacts
- Admin - recurring bills

MAKE IT A SHARED HABIT

1. Print the worksheets your household needs.
2. Fill in one page first; leave the rest until they are useful.
3. Keep the binder somewhere everyone can find it.
4. Refresh your weekly plan and review other details when they change.

KEEP PRIVATE RECORDS ELSEWHERE

Do not add full passwords, account numbers, or original identity documents.

These pages are for handwriting. Print on US Letter paper at actual size.

Important contacts

Add the people and services your household may need to reach.

EMERGENCY

Emergency services

Poison control

Nearest hospital

Trusted neighbor

HEALTH & CARE

Doctor

Dentist

Pharmacy

Veterinarian

HOME

Plumber

Electrician

HVAC service

Utility emergency

FAMILY

School / childcare

Caregiver

Family contact

Other

NOTES

THIS WEEK

Weekly rhythm

Week of: _____

This week will feel good if: _____

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

THREE PRIORITIES

REMEMBER

Meal plan & grocery list

Plan around what you already have, then list what is missing.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

PRODUCE

PANTRY

FRIDGE & FREEZER

HOUSEHOLD

USE FIRST / PREP AHEAD / EASY BACKUP MEAL

Cleaning rhythm

Choose a routine that fits your home. These are prompts, not rules.

DAILY RESET

- ☐ Kitchen reset
- ☐ Clear one surface
- ☐ Laundry, if needed
- ☐ _____
- ☐ _____

WEEKLY CARE

- ☐ Bathrooms
- ☐ Floors
- ☐ Fresh linens
- ☐ _____
- ☐ _____

MONTHLY ATTENTION

- ☐ Appliances
- ☐ One deep-clean area
- ☐ Check supplies
- ☐ _____
- ☐ _____

SEASONAL RESET

- ☐ Review maintenance needs
- ☐ Declutter one zone
- ☐ Outdoor care
- ☐ _____
- ☐ _____

ONE SMALL NEXT STEP

Maintenance log

Record completed work and the next date you want to check it.

Date	Item / work completed	Provider / cost	Next due

UPCOMING REMINDERS

Recurring bills

Month / year: _____

Keep due dates visible. Leave full account numbers out of this binder.

Bill / provider	Due day	Amount	Autopay?	Paid?

CHANGES OR REMINDERS